

LAKE NORMAN

Woman

CELEBRATING THE SUCCESS OF WOMEN

DR. HEATHER
KOMPANIK
LAKE NORMAN
FAMILY MEDICINE

*for the love
of living*
HOW HOSPICE
CELEBRATES LIFE

the perfect gift
FOR YOUR
HOLIDAY
SHOPPING LIST

*ready for
WINTER?*
DON'T FORGET
YOUR SKIN!

A PARAGON
OF *compassion*



CURL UP AND MAKE YOUR HOLIDAYS FUN!



BE A ...

couch POTATO!

GRAB YOUR POPCORN, A GREAT THROW AND PLOP ON THE SOFA WITH ME! WE ARE COMING INTO THE HOLIDAY SEASON AND THE BEST TIMES ARE OFTEN WITH FAMILY WATCHING GREAT OLD MOVIES ON A COMFY SOFA. MY SISTERS-IN-LAW AND I CAN QUOTE EVERY SINGLE LINE FROM *WHITE CHRISTMAS* AND *MY HUSBAND LOVES A BEAUTIFUL MIND*. BUT MY TRUE PASSION IS WATCHING GREAT MOVIES WITH GREAT INTERIOR DESIGN! HERE ARE TWO OF MY FAVORITES:

Auntie Mame, 1958 - Rosalind Russell is the flamboyant aunt with the flair for the dramatic. Each time period brings a different home decor to tease our eyes. Our first glimpse of Mame is in her home replete with a Chinese dragon blowing smoke from the front door to the Japanese screens and lanterns.

As a widow, her home is Georgian and stocked with books, busts, and oil paintings. By the end we are swept up—literally—with Scandinavian-designed hydraulic furnishings. There are many phases of Mame; her home, clothing, and sometimes even her speech patterns take us on a wild ride in decorative trend.

Pillow Talk, 1959 - Doris Day is the striking interior designer who has a party line with the infamous playboy Brad, played by Rock Hudson. Her home is pink and soft, his is straight from the pages of *Playboy*, filled with gadgets and devices to seduce women. The movie uses color and interior design to emphasize the struggles of the era. Virginal white versus the deep colors and dark intentions of the bachelor. In the end, she throws subtly out of the window when she decorates his apartment to be as vulgar as she perceives his intentions. This is not a serious film; it is fun and fanciful, and frankly, I watch it for the clothes by Jean Louis and the interior design as much, if not more, than the plot.

If you pay close attention to movies you will see that the art director has dictated a color scheme for the movie. It could be that everything is grey toned to either soften or bring down the mood. Or it could be that all rooms, regardless of where you look, have a splash of teal. The movie *Sex and the City* does this with the color of the bird in Carrie's hair when she is planning to wed and then brings it to the walls of her home when she redecorates. This is continuity! We should do the same in our own spaces. 🚢

OTHER MOVIES THAT YOU MIGHT FIND INTERESTING FOR INTERIOR DESIGN:

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| <i>Rope</i> , 1948 - | Alfred Hitchcock keeps us in one room, happily. |
| <i>Dangerous Liaisons</i> , 1988 - | Fashion and interior design of the 18th century. |
| <i>Ransom</i> , 1996 - | Beautiful urban apartment living. |
| <i>Something's Gotta Give</i> , 2003 - | Please take me out to the Hamptons and leave me in this home! |
| <i>Down with Love</i> , 2003 - | A remake of an old Doris Day-type movie. |
| <i>The Holiday</i> , 2006 - | Contrasting the lives of two women by experiencing each others' homes. |



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