

lake norman WOMAN

CELEBRATING WOMEN

an LKN woman
learns to
*trust the
wait*
pg. 22

happy
teen
=
happy
mom
pg. 24

what do
you
need
more of
in your
life?
pg. 41

CHOOSE!
Happy!

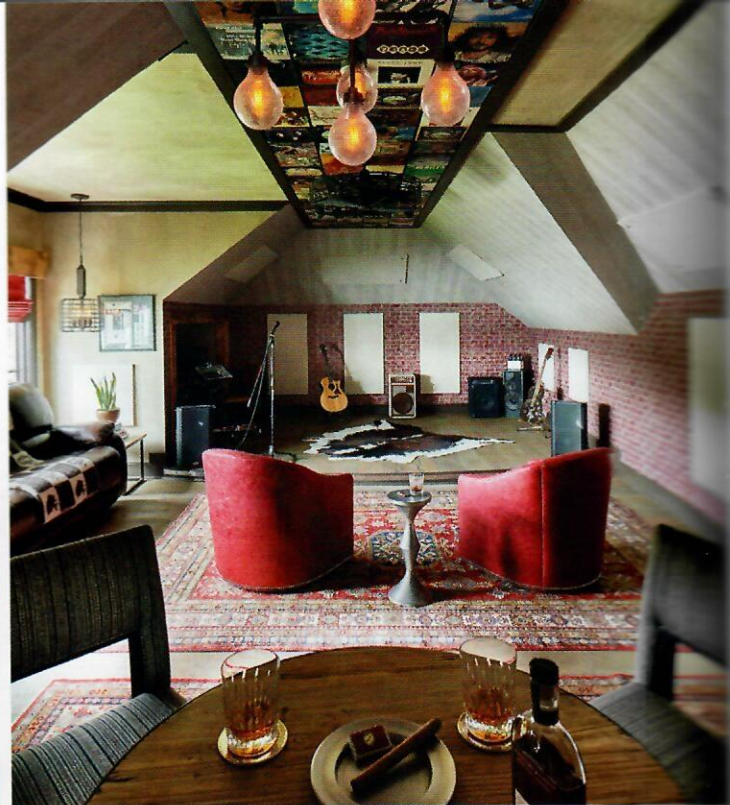
featuring

Dr. Megan Lineberger
& Dr. Claire Fedore of
Lineberger Orthodontics

IT'S
TIME TO
VOTE!
help pick the
cutest pet in lkn!
pg. 50

Invest in Happy

YOU KNOW IT, you live it, you fear it.... Going in the "I'll put it in here and address it later" room. We all have them. We all fear them! It is like the junk drawer on steroids. Currently, this room is not necessary for your daily living. Everyone has a place to sleep, eat, bathe and watch TV/Play Games etc.



There are 2 choices for this room:

1. It gets the cleaning and purpose it has always dreamed about when the stager comes in to help you sell your house.
2. You choose to invest in Happy!

What could you use this space for in your home? What if you had a space where you could get away for stress-free fun? What would that look like? Some ideas are: Kids whimsical playroom, a musical or theatrical performance space, a game room, a meditation room, a media room, an office, 'Sheila's Indoor She Shed,' a library, a Man Cave, a craft room, or even an exercise space. The possibilities are endless!



The American Journal of Play (Fall 2016) discusses the importance of playtime. Play is often purposeless and demands a suspension of the self-conscious. This is where we find creative solutions, creative inspiration and child-like joy in freedom from our everyday decision fatigue. My best friend tells me she gets this freedom when she exercises. I have yet to feel that way, but this goes to show that happy is found where we each create it.



Here are some of our clients' happy spaces. They did something for themselves. They invested in their Happy! What does your happy look like? 🍷

LKNexpert



Starr Miller is the president and principal of StarrMiller Interior Design located in Cornelius. Her national award-winning firm specializes in residential new construction and renovations. For more information visit www.StarrMiller.com or call 704-896-3321.

