

NC 2758
lake norman

WOMAN

CELEBRATING OF WOMEN

DO YOU HAVE
lockdown
body?

TIPS TO AVOID
THE COVID 15
pg. 46

apps
YOUR MAN
WILL LOVE

pg. 48

WHAT PLANET
ARE WE ON?!

pg. 52

LINKEDIN

a cut above

including
Dr. Peter McIlveen of
North Carolina Weight & Wellness

breaking OUT



The Kettal Roll chair

LIKE MOST, MY HUSBAND TOM AND I ARE WORKING FROM HOME. Around 6 or 7 pm he stops by my office and says, “Meet you on the porch?” The porch has been our lifesaver. It is our fresh air getaway. We even have an agenda that has emerged. “What did you do today?” “Did you laugh?” “What’s on the news feed?” “What’s this week’s weather look like?” Other topics move in and out of our daily routine. I am not sure what I would do without this man and our porch. The comfort, the birds, lightning bugs and crickets. It helps put everything in perspective.

Over the years my team has designed many outdoor spaces for clients. We love these spaces to include comfortable seating, throw pillows, an outdoor rug, lanterns, a fabulous fan, sometimes a heater and/or a fireplace. The décor is usually loungey and wistful. A hammock for reading or napping, an Adirondack chair for enjoying a drink by the firepit. The vibe is always wrapped around the idea of a relaxed sigh and laughter.

We now have a new outdoor request—a place to work. The requirements: an outdoor desk, a comfortable straight-back outdoor chair, a beautiful backdrop for Zoom/team calls, lighting and electrical outlets. This new setup will require mobility – in case the client wants to sit out by the pool to watch the kids.

The flexibility of working wherever you like has great appeal in our new reality, however, a bit of planning comes in handy.

➔ **INTERNET AND ELECTRICITY:** Increasing your provider’s internet upload and download speeds is always a plus when you want to have clear calls. Update your router for best security and best relay. Add an extender for best outdoor internet service. Make sure you have outlets available for charging phones.

➔ **FURNISHINGS:** A comfortable chair, a table that is solid and smooth for writing. My favorite chair for an outdoor office is the Kettal Roll. Outdoor dining chairs typically work, but if you plan for long days, keep comfort in mind.

➔ **MOBILITY:** There are many mobile lap desks on the market. Just make sure you find one that is lightweight and works with your furniture.

➔ **SHADE:** To battle the movement of the sun look for a tilt umbrella that can be easily adjusted to suit your hourly needs.

There are so many options for a beautiful, durable outdoor office. It will feel as if your afterwork plans are starting much earlier in the day! I cannot stop dreaming of the Vitamin D-rich opportunities for breaking out of the house. ☺

Starr Miller
Founder and Principal,
StarrMiller Interior Design

Allied ASID, IDS, CAPS



Our resident home-design expert, Starr Miller, has garnered local and national acclaim with more than 30 industry honors. An alumnus of the prestigious Parsons School of Design in New York, Starr has built a strong following as the principal of her sought-after design firm, located in Cornelius, NC.

She feels the composition of a space must originate with the client’s unique perspective. Along with that perspective she brings together her team’s collaboration, design skills and refined processes in a way which results in truly captivating homes for her clients.

StarrMiller Interior Design specializes in full-service interior design projects.

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