

lake norman

WOMAN

CELEBRATING

OF WOMEN

A NEW
HOME
DESIGN
TREND YOU'LL
LOVE

pg. 34

RAMEN
NOODLES
AREN'T JUST FOR
COLLEGE STUDENTS

Don't Miss the Delicious
Recipe on pg. 41

Family Ties

5 TIPS TO HELP FAMILIES
COMMUNICATE

pg. 20

featuring
DR. JULIANNE COLVIN
OF CRAWFORD &
COLVIN FAMILY AND
COSMETIC DENTISTRY

The BELLAGIO



OH, NOT THE ONE IN VEGAS.

As many of you will remember we have recently renovated our master bath. As one of the features, we added a bidet seat. While it was in the heat of Covid and we needed the opportunity to forgo the ever-scarce toilet paper, we realized that a bidet is the right move for so many reasons. Did you know that in 80% of the world, a bidet is a standard bathroom fixture?

Starr Miller
 Founder and Principal,
 StarrMiller Interior Design

Allied ASID, IDS, CAPS



Our resident home-design expert, Starr Miller, has garnered local and national acclaim with more than 30 industry honors. An alumnus of the prestigious Parsons School of Design in New York, Starr has built a strong following as the principal of her sought-after design firm, located in Cornelius, NC.

She feels the composition of a space must originate with the client's unique perspective. Along with that perspective she brings together her team's collaboration, design skills and refined processes in a way which results in truly captivating homes for her clients.

StarrMiller Interior Design specializes in full-service interior design projects.

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So why are so many of our clients requesting bidets be added to their plan?

1. COVID TOILET PAPER CRISIS

2. TRAVEL - people who have traveled to other countries (or even luxury hotels in the US) are able to experience bidets, as they have had a long history in other cultures and countries. When these folks return from their travels, they want the same experience available to them every day, in their own homes. It's one of those products that once you've been able to experience the comfort and cleansing, you don't want to be without it.

3. AGING IN PLACE - Bidet seats can give the elderly and disabled the ability to live in their homes longer and delay moving into assisted living. Remote controls allow for cleansing without twisting and turning for those with back problems. It is another way to age gracefully.

• *My Kohler rep, Amy Dyer*, who assisted me with this article, told me, "I had donated a bidet seat to a home for residents with disabilities such as cerebral palsy, and the director wrote me a letter saying that the new seat was life-changing for their residents and gave them back privacy, self-sufficiency and dignity."

• *Ease of Installation* - With the development of seats that can be added to existing toilets, some even without the need for electricity, the experience became available to a much wider audience. Price points and functionality can go from under \$100 to over \$1500.

4. HEALTH - This is the kindest way to treat your nether regions. Those with issues down-under have instant relief and healing. Leave the Preparation H to shrink those baggy under eyes.

What are the options?

1. Full, separate bidet
2. Integrated Bidet/Toilet
3. Bidet seat topper

What needs to be done to install this creature comfort?

Amy and I agree, every new construction bath or bath renovation now gets an electrical outlet next to the toilet. The electrician is already there, and this is not much of an additional cost, but allows the homeowner the choice to add a bidet seat at that time or later on. We also add blocking for grab bars to be added later to allow for aging in place.

What are the features you may want?

Comfort, UV light, everyday cleaning, spray options with water temperature control, warm air drying.

I highly recommend checking out the dancing waters for your perfect bathroom! 🇺🇸