

lake norman

WOMAN

CELEBRATING THE SUCCESS OF WOMEN



featuring
GERI PALILLO WITH
DAUGHTERS JAMIE,
BRANDI, & RACHELLE
OF VALERIA SALON,
MEDSPA & BOUTIQUE

TEACH, LOVE, INSPIRE—

LKN
MOMS

Breathe In,
Breathe Out,
MOVE ON!

pg. 34

To Mom, With Love
An LKN Woman's
Tribute

pg. 20

INTO THESE HANDS
A Local Midwife
Shares Her

joy pg. 44

accentuate the positive

A ROOM IS LIKE A FASHIONABLE WOMAN.

As women, we need the basics: Hair, makeup, clothing, shoes to make it out the door. However, to finish a look we need accents that add charm, sophistication, or “bling” to bring focus to the face or other specific features. Jewelry and accessories to be specific. In the home you have the same need. A room will have general lighting such as recessed lighting or chandeliers. To read, write a list, or do a specific hobby you need task lighting that is achieved with table and floor lamps. But, to round out a room and add focus where you want it, you need accent lighting.

Accent lighting is most notably the unsung hero of lighting. The best accent is the sconce.

Sconces can be used several ways:

- To light a path down a hallway or up the stair
- To emphasize a wall showing off the stone or other applications' texture
- To bring balance to a space or anchor a space
- To light up a dark area of the room and even out the light
- To bring focus to art or architecture
- To make space more efficient in a bedroom with swing arm reading lights
- To give the face less harsh lighting in a bathroom



For balance or anchoring a space we need beauty. It is like adding jewelry that says, “Over here!” It just finishes the space like earrings finish and focus the eye on the face.

To bring focus to art or architecture we often use specific gallery lighting.

To light up a dark corner you are not trying to pull the eye, just allow the eye to look at the room evenly versus focusing on a dark corner. This light can be functional, quiet, not eye-catching.

In the bedroom or a reading nook swing arm lighting is often favored. It should be placed where the light sources are 30-36" above the top of the mattress or 6-12" above the shoulder when sitting.



➔ For pathway lighting, you will want to hang the sconce 66-72" above the floor. If everyone in your home plays basketball, you may want these even higher. Also placing them no more than 6' apart will allow consistent lighting along the path.

➔ For emphasis lighting, you will need a sconce that shoots light up and/or down the wall making sure that the lighting is bouncing off the textures as intended.

Also, do not forget to add dimmers to your switches. As the day moves into evening, you can change the mood of the room. Think of that exposed shoulder or sexy little black dress in beautiful lighting.



To give your face a much-needed break from the harsh downward shadows made by high center-hung wall lights in a bathroom, change to side sconces that give light from both sides of the face. You will see the effect and love it. Do not use Edison lightbulbs in this location. They will not provide enough light.



Starr Miller
 Founder and Principal,
 StarrMiller Interior Design

Allied ASID, IDS, CAPS



Our resident home-design expert, Starr Miller, has garnered local and national acclaim with more than 30 industry honors. An alumnus of the prestigious Parsons School of Design in New York, Starr has built a strong following as the principal of her sought-after design firm, located in Cornelius, NC.

She feels the composition of a space must originate with the client's unique perspective. Along with that perspective she brings together her team's collaboration, design skills and refined processes in a way which results in truly captivating homes for her clients.

StarrMiller Interior Design specializes in full-service interior design projects.

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Sconces are worth the trouble and rarely in a builder's plan. They should be in yours! 